

WEEKLY MENU

Week 18

Magical Monday

- Pasta alla Norma with tomato and aubergine
- Salad
- Hand fruit

Joyful Tuesday

- Chicken Tonight with rice, leek, carrot, and white cabbage
- Salad
- Hand fruit & dessert

Wonderful Wednesday

- Spring traybake with chicken drumstick, (sweet) potatoes, broad beans, tzatziki, and feta
- Salad
- Hand fruit

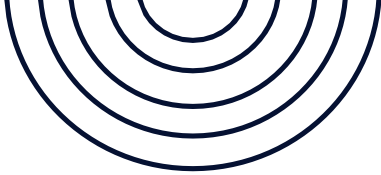
Sunny Thursday

- Pasta Bolognese
- Salad
- Hand fruit

Happy Friday

- Sloppy Joe – burger bun with tomato, coleslaw, and wedges
- Salad
- Hand fruit & dessert





WEEKLY MENU

Week 19

Magical Monday

- No classes

Joyful Tuesday

- Study day

Wonderful Wednesday

- Mac & Cheese
- Salad
- Hand fruit

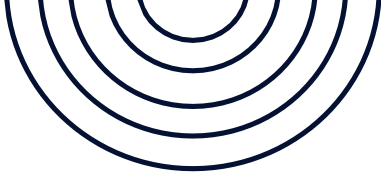
Sunny Thursday

- Chicken curry with coconut rice, roasted green beans and bell pepper
- Salad
- Hand fruit

Happy Friday

- Rendang dish with wedges, mixed vegetables, and sweet-and-sour red onion
- Salad
- Hand fruit & dessert





WEEKLY MENU

Week 20

Magical Monday

- Indonesian yellow curry with coconut rice
- Salad
- Hand fruit

Joyful Tuesday

- Lasagna Bolognese
- Salad
- Hand fruit & dessert

Wonderful Wednesday

- Chicken Siam with sesame rice, oriental vegetables, and crispy onions
- Salad
- Hand fruit

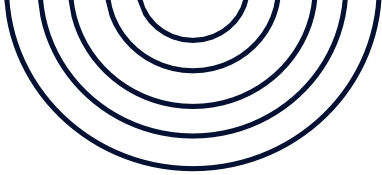
Sunny Thursday

- Beetroot traybake with chicken in tarragon jus
- Salad
- Hand fruit

Happy Friday

- Sticky chicken with BBQ sauce, sweet potato, corn, and oriental vegetables
- Salad
- Hand fruit & dessert





WEEKLY MENU

Week 21

Magical Monday

- Tempeh pangang with stir-fried vegetables (tjap tjoy)
- Salad
- Hand fruit

Joyful Tuesday

- Spinach lasagna with chicken, béchamel sauce, leek, and zucchini
- Salad
- Hand fruit & dessert

Wonderful Wednesday

- Butter chicken
- Salad
- Hand fruit

Sunny Thursday

- Hungarian goulash with mashed potatoes and bell pepper
- Salad
- Hand fruit

Happy Friday

- Spanish chicken “kapsalon” with patatas bravas, tomato, onion, and cheddar sauce
- Salad
- Hand fruit & dessert

